

Beamish OddSox



THIRD QUARTER PROGRAMME - 2019

| Day | Date | Ride / Event | Distance | Grade | Meeting @ | Time | Contact |
|-----|--------|---|-------------|-------|----------------|------|----------------|
| Sun | 07-Jul | Café Ride | 10 miles | Green | Beamish | 10am | Ivan / Weeksy |
| | | Mystery Ride | tbc | tbc | tbc | tbc | tbc |
| Sun | 14-Jul | Mystery Ride | tbc | tbc | tbc | tbc | tbc |
| SAT | 20-Jul | Local Ride - Durham | 35 mile | Red | Grt Lumley | 9am | Tont |
| SAT | 27-Jul | Helvellyn - Lakes | 35 mile | Black | Askham | 10am | Tont |
| Sun | 04-Aug | Café Ride | 10 miles | Green | Beamish | 10am | Ivan / Weeksy |
| | | Selkirk - Borders | 20 miles | Black | Selkirk | 10am | Dave Humphries |
| Sun | 11-Aug | High Cup Nick - Pennines | 35 miles | Black | Cow Green Res. | 10am | Geoff Young |
| Sun | 18-Aug | Middleham - Yorkshire Dales | 35 mile | Red | Pinkers Pond | 10am | Russ Moore |
| Sun | 25-Aug | Bank Holiday Weekend - 10am only | | | | | |
| Sun | 01-Sep | Café Ride | 10 miles | Green | Beamish | 10am | Ivan / Weeksy |
| | | Glentress - Borders: Enduro Trails & Off-Piste! | 20 miles | Black | Glentress | 10am | Dave Humphries |
| Fri | 06-Sep | Social Night - Durham City | na | na | tbc | tbc | Si Chivers |
| Sun | 08-Sep | THE GREAT NORTH RUN | 13.1 miles! | na | tbc | tbc | Steve Smith |
| Sun | 15-Sep | Mystery Ride | tbc | tbc | tbc | tbc | tbc |
| Sun | 22-Sep | Goathland - NYM | 40 miles | Red | Goathland | 10am | Steve Smith |
| Sun | 29-Sep | Romaldkirk - Teesdale | 30 miles | Red | Romaldkirk | 10am | Si Chivers |
| Sun | 06-Oct | End of Summer BBQ & Rides | var | var | Hamsterley | 10am | Tont |

OTHER RIDES & INFO

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| <p>10:00am Sunday Rides: Run every week and meet at Beamish. These are shorter, more sociable rides lasting approx 2hrs and graded blue with optional red bits - Everybody's welcome, come and try it! Also the option of a post ride Sunday lunch in the Shepherd too!</p> | <p>"Café" Rides: Cafe Rides are aimed at novice riders wanting to get out with a group for bit of craic! Still meet 10am at Beamish and last approx 2hrs but covering less distance on easier terrain than a normal 10am ride (plus a Cafe stop half way - hence the name!). Generally the first Sunday of the month.</p> |
| <p>7:00pm Wednesday Night Rides: Starting at Beamish and last approx 2.5hrs. These rides are fun, quick n technical and run every Wednesday throughout the year - even in the winter so don't forget your lights!!! Graded red/red+. Also there's always a post ride drink and chat in the Shepherd.</p> | <p>Mystery Rides: So much of a secret even we don't know what happening! The idea is we'll pick the best ride for the current weather and ground conditions. May be a local or a drive off somewhere..... Also means we can re-schedule programmed rides if they need to be postponed. Keep eye on mails & FB for final info.</p> |

Ride Grading

| | |
|--|------------------------------------|
| Green | Easy |
| Blue | Moderate |
| Red | Difficult |
| Red + | Difficult, with some Hard sections |
| Black | Hard |
| Black + | Hard, with some Very Hard sections |
| Ride grading is only a guide to the overall difficulty. This is based on the distance, the climbing/descending, how technical and the terrain / ride location. | |

Committee Contacts

| | | |
|------------------------------|----------------|-------------|
| Chairman: | Tont | 07941720596 |
| Treasurer/Membership: | Paul Thomas | 07931288655 |
| NOVA Runs: | Steve Smith | 07766830879 |
| General Member: | Simon Chivers | 07884471070 |
| General Member: | Dave Humphries | 07790000153 |
| General Member: | Russ Moore | 07980662252 |
| Founding Father: | Weeksy | 07764279975 |
| Founding Father: | Ivan | 07836611012 |

WEBSITE: www.beamishoddsox.co.uk

EMAIL: club@beamishoddsox.co.uk